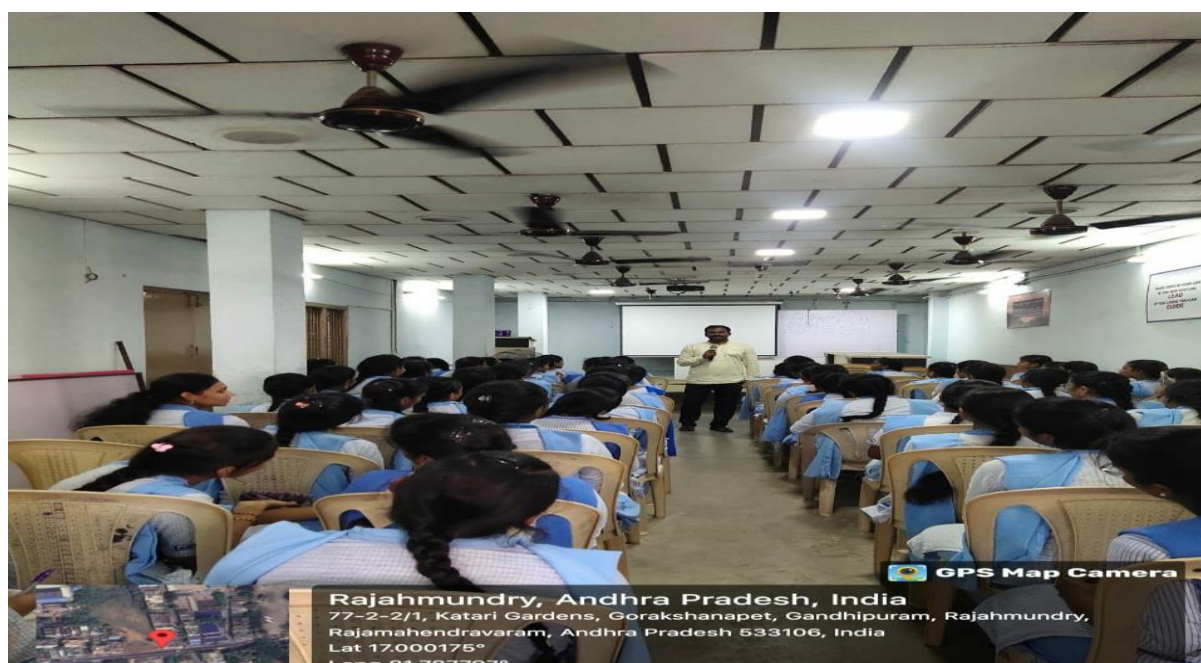


Soft skills

Soft skills are excellent characteristics that enable students to effectively face challenges in the corporate world. This list of soft skills for students to succeed in life covers communication, emotional intelligence, time management, creativity, problem solving, interpersonal skills, public speaking, adaptability, teamwork, flexibility, and willingness to learn. Through training and placement, well-experienced experts led this soft skills program. In our esteemed institution, we are inviting trainers and experts from various sources in different fields to motivate the students.

Seminar on Behavioral Skills and Mindsets by Mr.Ranjith



Behavioural skills can help you develop professionally. Skills related to your behaviour and how you form relationships with people can be an important component of your personality both at work and in your personal life. Having these skills can provide you with greater job satisfaction and be valuable in helping you progress in your career. In this article, we discuss what behavioural skills are, explore examples of key skills, show how to improve your skills, examine how you can use them in the workplace and provide tips for highlighting them.

The Department of English & Softskills organized a seminar on the topic "Behavioural Skills and Mindsets" on 28/11/2022 in the seminar Hall for the students. In the session, the Resource person has empowered the students to have confidence and self-esteem to maintain good relation in the society. He said that every individual must develop emotional intelligence, self-awareness, effective communication and adaptability to succeed in their lives. He gave brief explanation about the mindsets of the people and the ways to tackle it. In the program, 117 students have attended and got benefitted. Program was concluded with vote of thanks by respective principal.

Guest Lecture on Building Self-Confidence by Dr.P.Lalitha Rani



Self-confidence is strong belief in oneself. It gives courage to take on challenges and bounce back from difficulties. Grasping its importance is key. Self-confidence is more than arrogance or boasting; it's an inner power that helps us trust our gut and take risks. We can embrace our strengths and weaknesses, understanding they both help us grow.

The Department of English & Softskills organized a Guest lecture on the topic "Building Self-confidence" on 15/09/2022 in the seminar Hall for the students. This program has been conducted in the campus has an aim of empowering individuals to develop a strong sense of self-assurance and belief in their abilities. The resource person has empowered the students to believe in their potential and she said about some strategies to overcome self-doubt, cultivate self-esteem, and unleash their full potential. In the program, 80 students have attended and got benefitted. The program emphasized the importance of self-awareness in building self-confidence, encouraging participants to recognize their strengths, values, and areas for growth.

Guest lecture on Personality Development by Mrs.Padmavathi



Personality Development is the process of developing one's character over a period of time. Even though this happens naturally in most cases, some traits can be modified. External factors have a vital role in shaping our personality. When we meet a new person, it is mostly their personality that grabs our attention.

On 23rd February, 2023 Aditya Degree College for Women, Rajahmundry organized a training program on Personality Development for the students of B.sc/BBA/BCA/B.Com. This training program has been conducted in the campus to make students to realise the importance of personality development. This program is aimed to develop socio-cultural ability of the students. Mrs. Padmavathi has given an excellent presentation of the current scenario and the need of personality grooming. She has given wide range of examples to make students active in participation. She has motivated the students by quoting a well-known statement that discovering others strength is knowledge but discovering yourself is wisdom. Discovery of self-esteem and capability will help to achieve the goals in a well-structured path.

Invited Talk on Career Building by Mrs.S.Balakumari



Career development is the progression of short-term steps taken to achieve long-term professional goals. It involves the building of role-specific skill sets, and can include taking night classes, networking, seeking out a mentor and taking on new responsibilities in your current job. Effective career development requires a thoughtful approach: decide on a career goal, then map out the experience, competencies and connections you'll need to get there.

On 19th January, 2023 Aditya Degree College for Women, Rajahmundry organized a training program on Career building for the students of B.sc/BBA/BCA/B.Com. This training program has been conducted in the campus to empower the students to have planned career. The Career Building Program was conducted to empower individuals with the necessary tools, knowledge, and resources to navigate their career paths successfully. In the Program, Resource person assisted students in identifying their career goals and aspirations, and guided on career exploration and decision-making processes and equipped students with essential skills for career advancement and success and said practical strategies for job search, networking, and professional development.